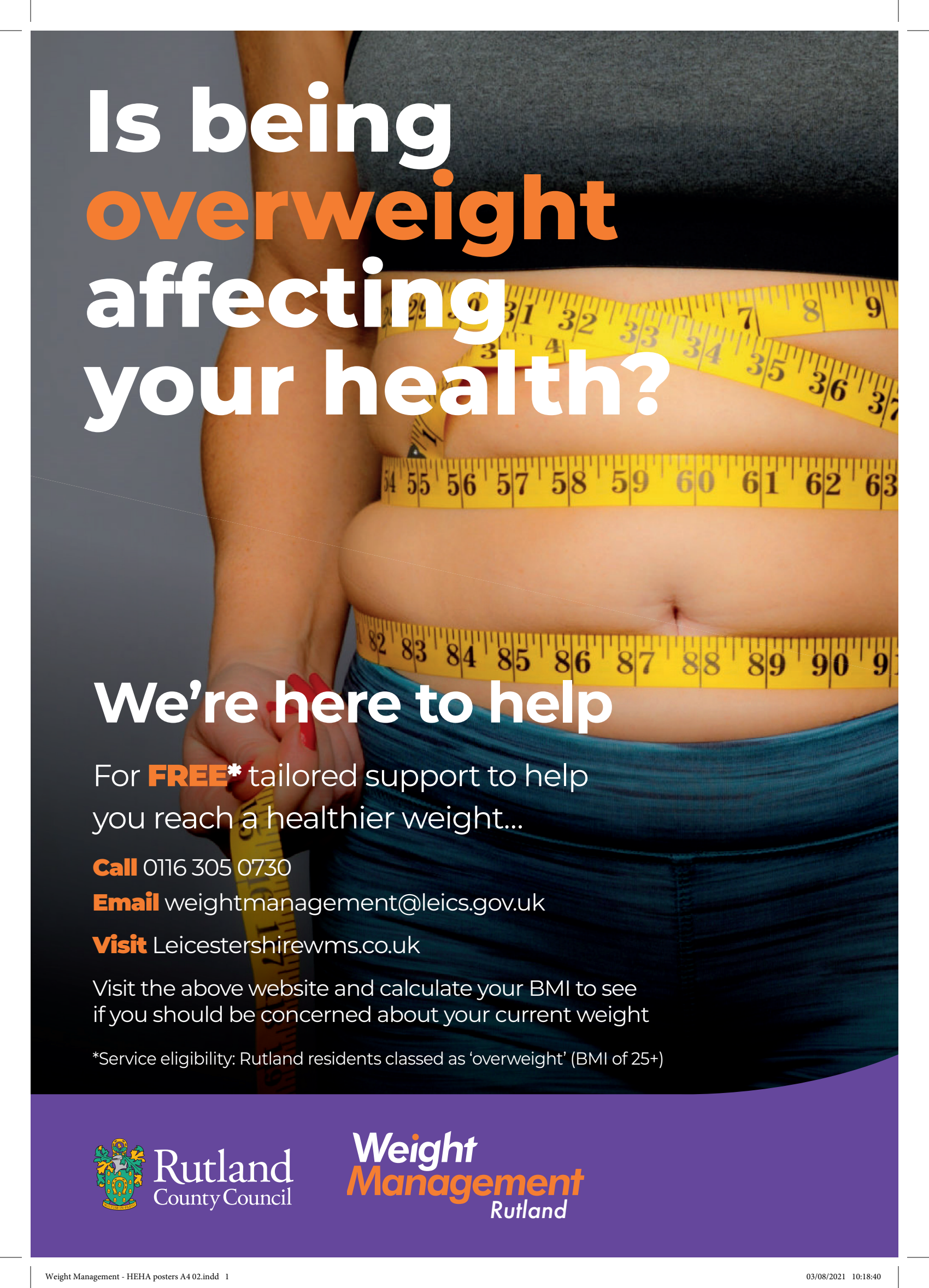




Is being **overweight** affecting your health?

We're here to help

For **FREE*** tailored support to help you reach a healthier weight...

Call 0116 305 0730

Email weightmanagement@leics.gov.uk

Visit Leicestershirewms.co.uk

Visit the above website and calculate your BMI to see if you should be concerned about your current weight

*Service eligibility: Rutland residents classed as 'overweight' (BMI of 25+)



Rutland
County Council

Weight
Management
Rutland